

13 Oct 09

RULES OF 4th DIVISION (MILITARY LEAGUE SOUTH) ORIENTEERING
SEASON 2009-2010

GENERAL

1. The aim of the league is to offer regular orienteering competitions to all Military personnel in the 4 Div area.
2. The league will operate throughout the orienteering season commencing in late September and ending in May, unless otherwise decided by the Chairman/Secretary. Events will normally be held on Wednesday afternoons throughout the season, but may be held at other times, eg during an evening, or on other weekdays. Event information is to be forwarded to the Fixtures Secretary for distribution throughout the Division via the BAOC Website.
3. The format and rules of the league will remain unchanged throughout the season, as set out herein. Units seeking clarification should in the first instance consult the Secretary. In the event of any dispute, the decision of the Chairman will be final.

LEAGUE COMPOSITION

4. There will be a Major Unit and Minor Unit team league. Each is open to any 4 Div unit in the geographical location of Southern England.
5. Units in the geographical area but not of 4 Div may also participate in the league e.g. RAF Brize Norton RAF Lyneham, HMS Sultan and 847 Naval Air Squadron. Units are to compete as Major or Minor Units as detailed in Divisional Sports Bulletins. Civilian, RAF and Navy clubs are to nominate the respective competition depending on the numbers in the club, RAF or Naval Station, eg Major Unit competition for numbers of 300 and above. Some large units or clubs may be allowed to run out of the normal competition in the Minor League, with the prior agreement of the League Secretary & Chairman and the agreement of the AOA. This may also be voted upon at an AGM, or at a special general meeting. Unit teams may comprise of either single or mixed gender, there will not be a separate league for female unit teams.
6. **For inclusion in Divisional and above championships however, units must abide by the Rules for Games and Sports within the Army, which can only be varied with prior authority of the AOA, which is only given in extremely rare circumstances. Even the Operational deployment of sub-units does not constitute an exception. Divisional HQs regularly issue Amalgamation Lists for Sports purposes and these must be strictly adhered to. It should also be noted that there are separate groupings for women's units which merge female personnel from a number of units on a geographical basis. Women may, therefore, run for their normal unit in the main competition and also count for their female only grouped unit. To ensure this happens individuals/OICs need to inform the League Secretary.**
7. Any number of competitors from a unit or club may compete on any course offered by the organiser as a league scoring event.

TYPE AND STANDARDS FOR EVENTS

8. The following formats and standards will apply for all listed Military League South events. Courses must be planned in accordance with British Orienteering's Event Rules, Event Appendices and Event Guidelines available on the [British Orienteering](http://www.britishorienteering.org) website.

- a. Cross-Country. It is essential to have four courses complying with the following parameters *taken over flat terrain*, and that the rule 'expected time for most competitors' is taken on board by Planners.

Ser	<u>Course</u>	<u>Technical Difficulty</u>	<u>Expected Time For Most Competitors</u> (minutes)	<u>Minimum – Maximum Length</u> (km)
1	Brown (Old A)	5	65 - 105	7.5 - 10
2	Blue (Old B)	5	55 - 90	5.5 – 7.5
3	Light Green / Green (Old C)	5 4	35 – 60 45 - 75	3 – 4 3.5 - 5
4	Long Red (Old D)	3	45 - 75	5 - 7

- (1) **For each 100m of climb, approximately 1 km should be deducted from the overall distance.**
 - (2) The Light Green/Green courses. The maps for these courses should include a legend
 - (3) The Red Course. This is an adult novice standard course. It is aimed at new recruits and can also be completed by dependants during school holidays. The map for this course should include a legend.
- b. Score Events. Course planners are to ensure that events are planned at a technical and physical standard so that it should be difficult for an individual to achieve a maximum control point score within the target time. Ten points will be deducted per min over target time at a rate of 1 point every 6 seconds, or part thereof.
- c. For events other than Cross-Country and Score, (e.g. Contour, Corridor, Window, Map Memory & Norwegian), a mixture of control sites should be used to encourage competitors and competition. Advice should be sought from the Secretary or from the AOA technical advisor Maj Farrington if necessary.

LEAGUE SCORING SYSTEM

9. Individual Scores.

a. For Cross-Country and Night events, (Contour, Window, Map Memory, Norwegian) the timings of the top 3 runners per course will be averaged this will be the target time. Points will be allocated as follows, but see Para 9a (7):

- (1) Brown Course - Max 100 points
- (2) Blue Course - Max 70 points
- (3) Green/Light Green Course - Max 50 points
- (4) Long Red Course – Max 25 points

(5) For the long Red Course, 10 points minimum will be awarded subject to correct course completion, even if over time.

(6) For each full minute that a competitor is over the target time, a point will be subtracted from the maximum allowed for that Course (see Para 9a (1) above). Negative points will not be given.

(7) For competitors under the target time, bonus points will be awarded on the basis of one point per full minute under the target time. This will apply only to the Brown Course.

b. For Score Events, the League points calculation depends on whether more than 2 military runners achieved the maximum score at the event.

(1) MAXIMUM SCORE NOT ACHIEVED BY MORE THAN 2 RUNNERS

The scores of the first 3 military from the 4 Div area will be averaged. The league points are then calculated as:

$$\frac{\text{Runner's Score}}{\text{Average Score}} \times 100$$

(2) MAXIMUM SCORE IS ACHIEVED BY MORE THAN 2 RUNNERS

i. All those achieving the maximum score will have their League points calculated by the same method used for a Cross-Country event Brown Course as described in section 9a above. This will result in reducing points awarded for every minute over the average of the first three military runners' times. The lowest points value awarded using this method is the "base points" value for those who do not achieve the maximum score.

ii. All those below the maximum score will have their points calculated as:

$$\frac{\text{Runner's Score}}{\text{Maximum Score}} \times \text{Base Points Value (as described in (i) above)}$$

- c. For Harris and Team Relay events, individual scores will not be allocated, however organising units will be awarded their maximum points.
- d. 100 points are awarded to the Organiser, Planner and Controller for an event. This is available up to a maximum of two events, per official, per season. They may however assist in more and an organiser can run in their own event.

10. Team Scores.

- a. Team scores will be calculated as follows:
 - (1) Major Units. The top six scoring major unit runners per event will count towards the league position, plus up to five novices on the Long Red Course receiving 10 pts for completion. Any number of runners may compete.
 - (2) Minor Units. The top four scoring minor unit runners per event will count towards the league position, plus up to three novices on the Long Red Course receiving 10 pts for completion. Any number of runners may compete.
- b. Should any unit or club be unable to field a full team, then the maximum points gained will be that obtained from the runners attending.
- c. The final league and individual positions will be calculated from the unit or clubs' best 50% rounded up +1 of the total declared events.
- d. For Harris and Relay events, team times will count as the last runner of that group (of four, or three) to cross the line (or as advertised by the organiser).
- e. The organising unit is awarded the following points per event up to a maximum of two events:
 - (1) 600 Major Unit.
 - (2) 400 Minor Unit.

Please note that the award of points is dependent upon the production of a set of results for distribution to the secretaries (see Para 15a).

ORGANISATION

- 11. All fixtures are to be arranged through the Div League Secretary (94222-2455) who is responsible for notification of events and publishing them on the events section of the BAOC Website. League Secretary will also liaise with the AOA Fixture Secretary to avoid clashes with Championships.
- 12. Each unit is responsible for ensuring that all its competitors complete their entry correctly in respect of service number, name, rank or title, unit or club and class. No Service or BOF number, no points!
 - a. A competitor whose unit or club cannot be identified on the day by the organiser will be listed as "unknown". Failure by the team captain or individual to notice and rectify such omissions will result in the loss of any points.

b. Individuals of either sex who fail to give a correct age group when registering will be identified as M21.

13. Organising units are recommended to use the EMIT electronic system. Suitable operatives to run the EMIT software are listed in Annex B. Operative's fees are usually £1 per competitor but it is up to the organising unit to confirm the fee with the operative and also confirm the services provided for the fee. EMIT hire cards are available from Emit UK for £1 per card used. Most operators will arrange for a supply of hire cards from Emit UK. To cover insurance and other costs, there will be a 50p levy per runner payable to HQ 4 Div.

To ensure that units and individuals are not priced out of orienteering, units organising events should try to keep the charge per entrant to £2.50 including the EMIT operative's charge and the Insurance Levy. Emit Hire cards may be charged extra at cost.

14. There is nothing to stop units charging the operative costs to their own military training budgets and a bill for these services can be provided for units to pay through their own Imprest account. Also if units are able to provide someone capable of using the EMIT software package then units can just hire either the Ecards or the computer equipment to run the system. Note there will still be a reduced fee to pay for supply of the entry database and for results publication. In addition any unit can hire the stand-alone EMIT system, which works without a computer, plus cards, for use at unit events for a significantly reduced fee. Full details are available from Maj (Retd) Allan Farrington.

15. The organising unit is ultimately responsible for producing a full set of results in order of position, by course, showing each competitor's name, rank/title, unit/club, class and run time, within 14 days. Should Emit be used, then the split results are also to be placed on the Website

a. The organising unit is to arrange for results to be sent to the Results Secretary in electronic form using an EXCEL file. The results secretary's copy must include the Service or BOF number of every competitor.

b. Should this fail to occur, the organising unit's league points may be deducted, at a rate of 100 points per week or part thereof. Should there be a problem; units should contact the League Secretary.

c. Control cards, when used, will be kept for a minimum of six weeks after an event in order that queries can be investigated.

d. Please note that some civilian clubs have league status.

16. The Results' Secretary is to calculate the unit or club scores for each event and provide the league scores in table form. A copy of the team results is to be available at the next convenient league event, or placed onto the BAOC Website under Results.

17. A full set of league team and individual results is to be published as often as possible and as a minimum before December and before the final league prize-giving event. Limitations on paper and time prohibit the production of paper results. Full league positions will however be available on the Website.

18. Unit representatives are to ensure that they complete the League Registration Proforma and send it to the League Secretary. A cheque for the league registration fee (£10 made payable to PRI HQ 4 Div).should accompany the proforma. Units who have not paid the registration fee by the end of November may have their details struck from the league tables.

19. Prizes will be allocated for final team position (first and second) and for the BOF classes. M/W 21 to M/W 55+ and under 21, where appropriate.

20. To simplify the age groupings, (which under BOF rules are based on age as at 31 Dec but effective from the proceeding 1 Jan), all prizes will be based on runners age at the end of the season.

Example: Male, 49 years old in 2006, born on 11 Jun 1957. He will run as M50 from 1 Jan 2007 and will be counted as M50 for the league season 2007/2008.

21. Events will be governed by these MLS Rules and AOA/BOF Rules. Any complaints with regard to any competitor or any aspect of the organisation or planning thought to have materially contravened these Rules or other instructions issued by the Organiser must follow the procedure outlined in BOF Rules.

CRA HOLCOMBE

SSgt

4 Div Orienteering Secretary

94222 2455 / 01252 347455

4 DIV ORIENTEERING LEAGUE REGISTRATION PROFORMA 2009 - 2010

From:

Unit/Club:.....

Address;.....

.....

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Telephone:

Fax:

Email:

1. The above unit/club wishes to register in the 4 Div Orienteering league as a Major / Minor / Guest team.*
2. The entry fee of £10 (to cover league prizes) is attached (cheques payable to HQ 4 Div PRI).

Signed:

Rank & Name:

To be returned to the League Secretary: (by the end of November):

SSgt Colin Holcombe
G6 CIS
HQ 4 Div
Steeles Rd
ALDERSHOT
Hants GU11 2DP

* Delete as necessary

ANNEX B TO
MLS Rules

EMIT Operatives

- 1) Jerry Newcombe, 07733 078 558, email: [mail @ jnewcombe . org . uk](mailto:mail@jnewcombe.org.uk)
- 2) Emit UK - Maj (Retd) Allan Farrington, 07734 455 838, email: [allan @ emituk . com](mailto:allan@emituk.com)
- 3) Peter Drake, 01273 400 603 or +34 922 46 42 52, email: [peter @ vuggles . co . uk](mailto:peter@vuggles.co.uk)