

MILITARY ORIENTEERING LEAGUE NORTH
COMPETITION RULES AND GUIDELINES
MILITARY LEAGUE NORTH
2010 – 2011 SEASON

References:

- A. Orienteering, A Military Training Guide, Army Code No 71341
- B. British Orienteering Federation (BOF) Rules and Guidelines
- C. Various Annual General Meetings and Records of Decisions

GENERAL

1. Introduction These rules are in accordance with the general principles and guidelines outlined at Reference A and B and also incorporate decisions reached at Reference C. Additional rules or interpretations may be required from time to time, specific to a given event. In such cases, these additional rules or interpretations are to be published to all participating Units, at least one week prior to the event to which they apply.
2. Competitions The League will comprise two separate elements:
 - a. The Individual Competition – sub divided by orienteering class categories.
 - b. Team Competition – sub divided into Major and Minor Units, TA Units and Guest Teams.
3. The Individual Competition This is open to all members of the Regular Army, TA and RAF Units situated in the 2 Div (S) area, together with retired Service and civilian personnel on the strength of such Units.
4. Team Competitions
 - a. Personnel may not represent more than one unit/team in the season unless formally posted between units. A similar restriction is to apply to RO and civilian posts.
 - b. There is no restriction on the number of personnel who may compete in any team. However, if unusually large numbers of competitors are to attend any event, the unit representative is to liaise with the organiser at least one week in advance in order that suitable arrangements may be made. It should also be noted that the number of competitors to count will be restricted dependent upon the type of event as defined later in these rules.
 - c. Team members from the unit organising an event who have not been involved in planning of the event and who have no knowledge of the location of controls, may compete. League points will accrue as defined later in these rules.

- d. For the purpose of The League, a TA Team comprises of any individual on the strength of that Unit.
5. Safety The organising unit is to be entirely responsible for the safety of the event. Guidance is to be found in Reference A.
6. Insurance
- a. Military personnel competing are on duty and will be covered for personal injury/third party liability under normal MOD Rules subject to publication in advance of the event in Unit Orders. Retired personnel and civilians will not be covered; see para 6b. In any case, MOD responsibility and liability may not adequately meet the insurance needs of anyone individual. Accordingly, all participants in the sport are to be strongly encouraged to take out personal cover against personal injury and third party liabilities.
 - b. The League Secretary is to register all events with the British Orienteering Federation, via BAOC. This will ensure all events are covered under the BOF Insurance Scheme.
7. Clothing and Equipment Full leg cover is to be worn at all events. Short sleeves are permissible. All competitors are to carry a whistle. Event organisers may disqualify any competitor considered to be in breach of these requirements before they start.

EVENT ORGANISATION

8. Events Events may be sponsored by any one unit or combinations of Units. Participating teams are strongly encouraged to assist in the promotion of the sport by organising at least one event per season. A minimum of three officials is recommended.
- a. Organiser
 - b. Planner
 - c. Controller

The duties and responsibilities of these officials are laid down in Reference A. The details of the officials should be published in advance of the event.

9. Type of Events The following types of events may be included as League activities. Other types of events may be proposed at the AGM for consideration of inclusion in future seasons
- a. Cross Country and 'Norwegian' Events At least two courses are to be provided and where possible a third.
 - (i) Brown Course 7 to 9km straight line distance with an anticipated winning time of 60 minutes. Technical Difficulty 5

(ii) Blue Course 5 to 7km straight line distance with an anticipated winning time of 50 minutes. Technical Difficulty 5

(iii) Green/Light Green Course 3 to 5km straight line distance with an anticipated winning time of 40 minutes. Such a course to be particularly suitable for novices. Technical Difficulty 3

On all the foregoing courses, Competitors are to visit controls in numerical sequence given on their Control Description List. Evidence of failure to comply with this rule will result in disqualification.

- b. Score Events Only one set of controls is provided. Time limits of 60/50/40 minutes will apply. Controls should be of differing score dependent upon their technical and physical degree of difficulty. It should not be possible for a competitor to collect all controls within 60 minutes.
- c. Relay Events Runners from the same team are to run exactly the same legs in the same direction as the corresponding runners of every other team. Teams may be 3 or 4 at the discretion of the event organisers. Individual runners “legs” may be of differing degrees of physical and technical difficulty but in such cases, guidance is to be given to team captains in advance of the event, in order that team allocation may be properly decided.

10. Starting and Finishing Events Start times for competitors from the same unit on the same course are to be at least four minutes apart. The event organiser is responsible for ensuring this. Where this requirement cannot be met, for example late arrival of unit transport/adverse weather conditions, competitors should be allowed to compete as guests only and league points not awarded. All competitors starting a course must report to the finish and return their control card regardless of whether the course has been completed.

11. All organising units are to advise the Secretary of the experience and/or qualifications of their officials. If the Secretary feels that a unit needs technical help he may suggest help from civilian clubs.

LEAGUE SCORING SYSTEM

12. Individual Scores

a. For Cross-Country and Night events, (Contour, Window, Map Memory, Norwegian) the timings of the top three runners per course will be averaged this will be the target time. Points will be allocated as follows, but see Para 12a: (5)

- (1) Brown Course – Max 100 points
- (2) Blue Course – Max 70 points
- (3) Green/Light Green Course – Max 50 points

(4) For each full minute that a competitor is over the target time, a point will be subtracted from the maximum allowed for that Course (see Para 12a (1) above). Negative points will not be given.

(5) For competitors under the target time, bonus points will be awarded on the basis of one point per full minute under the target time. This will apply only to the Brown Course.

b. For Score Events, the League points calculation depends on whether more than two military runners achieved the maximum score at the event.

(1) **MAXIMUM SCORE NOT ACHIEVED BY MORE THAN TWO RUNNERS**

The scores of the first three military from the 2 Division area will be averaged. The League points are then calculated as:

$$\frac{\text{Runner's Score}}{\text{Average Score}} \times 100$$

(2) **MAXIMUM SCORE IS ACHIEVED BY MORE THAN TWO RUNNERS**

i. All those achieving the maximum score will have their League points calculated by the same method used for a Cross-Country event Brown Course as described in section 12 above. This will result in reducing points awarded for every minute over the average of the first three military runners' times. The lowest points value awarded using this method is the "base points" value for those who do not achieve the maximum score.

ii. All those below the maximum score will have their points calculated as:

$$\frac{\text{Runner's Score}}{\text{Maximum Score}} \times \text{Base Points Value (as described in (i) above)}$$

c. For Harris and Team Relay events, individual scores will not be allocated, however organising units will be awarded their maximum points.

d. 100 points are awarded to the Organiser, Planner and Controller for an event. This is available up to a maximum of two events, per official, per season. They may however assist in more and an organiser can run in their own event.

13. Team Scores

- a. Team scores will be calculated as follows:-
- (1) Major Units. The top six scoring major unit runners per event will count towards the league position. Any number of runners may compete.
 - (2) Minor Units. The top four scoring minor unit runners per event will count towards the league position. Any number of runners may compete.
- b. Should any unit or club be unable to field a full team, then the maximum points gained will be that obtained from the runners attending.
- c. The final league and individual positions will be calculated from the unit or clubs' best 50% rounded up + 1 of the total declared events.
- d. For Harris and Relay events, team times will count as the last runner of that group (of four, or three) to cross the line (or as advertised by the organiser).
- e. The organising unit is awarded the following points per event up to a maximum of two events:
- (1) 600 Major Unit
 - (2) 400 Minor Unit

14. Publishing Results Results of an event are to be sent by the event organiser to the Results Secretary (preferably by fax) to reach him within five days of the event. They are also to be sent to all participating units within seven days of the event.

15. Consolidated Results The Results Secretary is to publish a consolidated list of results monthly and the final results at the season's close. They will also be on display at the next event. They are to be sent to all units who entered the league at the start of the season.

PENALTIES

16. Penalties LPs awarded to a sponsor unit may be subject to the following penalties:-

- a. Notification of Event Details Organising units are to circulate event details, ideally by means of a "flyer", not less than 21 days before the event date. Notification is to include as a minimum day/date/time. Location of event with six figure GR. Type of event and any special conditions, i.e. limited parking, no changing facilities etc. Failure to properly notify the event will result in a loss of LPs of 20% of any points accrued for that event.

17. Appeals Committee

- a. The Standing Committee will comprise the League Chairman, the League Secretary and the League Results Secretary.
- b. Event Matters An ad hoc Committee is to comprise:
 - (i) The Event Controller.
 - (ii) A Unit Representative of any Major Unit participating, other than the organisers and any complainant.
 - (iii) A Minor Unit/TA Unit rep, other than the organiser/complainant.
 - (iv) Where available the League Secretary.

In such cases, adjudication should take place at the event.

- c. Matters not resolved at an event or matters relating to these rules are to be referred to the Standing Committee. Adjudication will not necessarily take place at the event but should occur before publication of the results. In such cases, penalties at 16b(i) and (ii) above will not apply.